

Bone Markers and Vascular Calcification in CKD-MBD

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Conflict of interest

• Honorarium (speaker or travel grant) : Fresenius, Menarini, Sanofi, Amgen, Roche

• Consultancy:

Immunodiagnostic Systems limited

Two facts in dialysis patients...





Jadoul M, Kidney Int ,2006, p1358

Foley RN, Am J Kidney Dis, 1998, S112

Coronary calcifications in dialysis patients:

- Very frequent (over 50%) and severe
- Early and more rapidly progressive





Figure 3. Coronary-Artery Calcification Scores in 10 Patients with Evidence of Coronary-Artery Calcification on the Initial Scan and in 2 Patients in Whom Calcification Was Detected during Follow-up.

Coronary-artery calcification was assessed by electron-beam computed tomography. The mean interval between the scans was 20 months (range, 12 to 41). All patients underwent regular dialysis, and all were 20 to 30 years of age at the time of the first scan.

Figure 1. Coronary-Artery Calcification Scores in 39 Children and Young Adults with End-Stage Renal Disease Who Were Treated by Dialysis, According to Age.

Coronary-artery calcification was assessed by electron-beam computed tomography. The scale on the y axis is logarithmic.

Goodman WG, N Engl J Med, 2000, p1478

Relationship between

• Cardiovascular mortality and mineral metabolism markers (P, Ca, and PTH)



Relationship between

• Several mineral metabolism markers and VC

Relationship between

• VC and cardiovascular mortality

Is it causal?

Bone health in CKD patient (turnover versus volume versus mineralization)



Moorthi N, Kidney Int, 2013, p886

Bone turnover is associated with VC



Osteoporosis is associated with VC

CLINICAL RESEARCH www.jasn.org

High Parathyroid Hormone Level and Osteoporosis Predict Progression of Coronary Artery Calcification in Patients on Dialysis

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Bone 64 (2014) 33-38

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Bone



journal homepage: www.elsevier.com/locate/bone

Original Full Length Article

Inverse association between bone microarchitecture assessed by HR-pQCT and coronary artery calcification in patients with end-stage renal disease



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Calcif Tissue Int (2013) 93:39-47 DOI 10.1007/s00223-013-9722-x

ORIGINAL RESEARCH

High Prevalence of Vertebral Fractures Assessed by Quantitative Morphometry in Hemodialysis Patients, Strongly Associated with Vascular Calcifications

Maria Fusaro · Giovanni Tripepi · Marianna Noale · Nicola Vajente · Mario Plebani · Martina Zaninotto · Giuseppe Guglielmi · Diego Miotto · Luca Dalle Carbonare · Angela D'Angelo · Daniele Ciurlino · Riccarda Puggia · Davide Miozzo · Sandro Giannini · Maurizio Gallieni



Bone 92 (2016) 50-57 Contents lists available at ScienceDirect Bone



journal homepage: www.elsevier.com/locate/bone

Full Length Article

Vertebral bone density associates with coronary artery calcification and is an independent predictor of poor outcome in end-stage renal disease patients



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This concept of Bone-Vascular axis is also suggested by basic research



Figure 1 | **Summary of several key aspects of medial calcification.** In the center a schematic diagram of a medium-sized artery is shown, transporting red blood cells (biconcave red shapes) and leucocytes (blue cells). The latter are involved in both intimal and medial calcification. A key role in initiating and propagation is for calcium ions in yellow and phosphate ions in green. Several factors are involved in promoting and inhibiting vascular calcification, and these are listed on top of the vessel diagram. Below the diagram a typical histological image is shown of an arterial wall affected by medial layer calcification, shown as dark pink areas, surrounded by non-affected segment (light-pink). On the left the primarily passive formation of calciprotein particle is depicted. Initially small calciumphosphate can be scavenged by fetuin-A, which eventually can be overwhelmed leading to primary calciprotein particles that can evolve secondary particle. On the lower left and midright the entrance of phosphate into vascular smooth muscle cells through Pit-1 is shown, which can drive transdifferentiation of these cells by increased expression of core binding factor A1 (core-binding factor alpha-1 or RunX2) and osteopontin. BMP, bone morphogenetic protein; Cbfa, core binding factor A1; CPP, calciprotein particle; VSMC, vascular smooth muscle cell.

Clinica Chimica Acta 438 (2015) 401-414



Invited critical review

Vascular calcification: from pathophysiology to biomarkers



Séverine Evrard ^a, Pierre Delanaye ^b, Said Kamel ^{c,d}, Jean-Paul Cristol ^e, Etienne Cavalier ^{a,*}, On behalf of the SFBC/SN joined working group on vascular calcifications J. Arnaud ¹, Ph. Zaoui ¹, M.C. Carlier ², M. Laville ², D. Fouque ², E. Cavalier ³, P. Delanaye ³, J.P. Cristol ⁴, A.S. Bargnoux ⁴, S. Kamel ^{5,6}, Z. Massy ^{6,7}, D. Prié ⁸, P. Urena-Torres ⁸, J.C. Souberbielle ⁸, A. Boutten ^{9,10}, A. Guérin ¹¹, T. Hannedouche ¹², G. Jean ¹³, M.H. Lafage-Proust ¹⁴, G. London ¹⁵, L. Mercadal ¹⁶, L. Pieroni ¹⁷

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- FGF-23/Klotho
- Fetuin-A
- Matrix Gla protein
- Bone Morphogentic Protein
- Osteoprotegerin/RANKL
- Osteopontin
- Osteonectin
- Osteocalcin
- Still not fit for clinical purpose !
- Pyrophosphate
- Sclerostin

Matrix Gla Protein and Sclerostin

- Recent
- Clinical research with VC is active
- Potentially linked to future therapy
- Specific challenges in Clinical Chemistry

Matrix Gla protein (MGP)

- 11 kD protein, 84 amino acids
- Secreted by chondrocytes and vascular smooth muscle cells (VSMC)
- Act as a local calcification inhibitor
 - Directly inhibiting calcium precipitation and crystallization (fetuin A)
 - Antagonizing BMP-2 which promote osteablastic differentiation of VSMC
- MGP knockout mice
 - Extensive arterial and cartilage calcification
 - Death within 2 months due to rupture of calcified aorta

Matrix Gla protein (MGP)

Two post-translational modifications

- Carboxylation of glutamate residues
 - Binding of Ca-ions and crystals
- Phosphorylation of serine residues
 - Function? Regulation of secretion of MGP into the extracellular matrix.
 - Binding of MGP to sites of calcification

Carboxylation of glutamate residues is highly dependent on Vitamin K

Circulating MGP

Carboxylation and phosphorylation of MGP are not always fully exerted \rightarrow

- Results in **different MGP species** in the circulation (ELISA, VitaK, Maastricht)
- Very different results according to species
- The first commercially available automate (IDS, Boldon, UK) measures the inactive form: dp-ucMGP



MGP and Vascular Calcification

The Circulating Inactive Form of Matrix Gla Protein Is a Surrogate Marker for Vascular Calcification in Chronic Kidney Disease: A Preliminary Report

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Clin J Am Soc Nephrol 5: 568–575, 2010.

- 107 CKD (40 HD)
- CAC (n=101)

	β (95% CI)	r ²	Р
Age	0.057 (0.039 to 0.075)	0.290	< 0.0001
[dp-ucMGP]	0.001 (0.000 to 0.001)	0.143	< 0.0001
Previous CVD	0.570 (0.016 to 1.124)	0.040	0.044
CKD stage	0.173 (-0.019 to 0.365)	0.144	0.076

Table 3. Univariate linear regression analysis: variables associated with the aortic calcification score on CT (logarithmic normalized)

n = 101 patients. CI, confidence interval; CVD, cardiovascular disease.

Table 4. Multivariate linear regression analysis: variables independently associated with the aortic calcification score on CT (logarithmic normalized)

	β (95% CI)	Р	
Age [dp-ucMGP]	0.050 (0.032 to 0.068) 0.000 (0.000 to 0.001)	<0.0001 0.003	
n = 101 patients. CI, confidence interval.			



Figure 4. Kaplan-Meier estimates of overall mortality as a function of the median plasma dp-ucMGP level.

Circulating Nonphosphorylated Carboxylated Matrix Gla Protein Predicts Survival in ESRD

Georg Schlieper,* Ralf Westenfeld,[†] Thilo Krüger,* Ellen C. Cranenburg,[‡] Elke J. Magdeleyns,[‡] Vincent M. Brandenburg,[§] Zivka Djuric,^{||} Tatjana Damjanovic,^{||} Markus Ketteler,[¶] Cees Vermeer,[‡] Nada Dimkovic,^{||} Jürgen Floege,* and Leon J. Schurgers[‡]

J Am Soc Nephrol 22: 387-395, 2011

- 188 HD
- Adragao score for VC + FAV





RESEARCH ARTICLE



Dephosphorylated-uncarboxylated Matrix Gla protein concentration is predictive of vitamin K status and is correlated with vascular calcification in a cohort of hemodialysis patients

Pierre Delanaye^{1*}, Jean-Marie Krzesinski¹, Xavier Warling², Martial Moonen², Nicole Smelten³, Laurent Médart⁴, Hans Pottel⁵ and Etienne Cavalier⁶

- 160 HD
- Kauppila score for VC



Table 2 Variables associated with dp-ucMGP concentrations in the multivariate model

	r	р
Body mass index	0.17	0.0032
Albumin	-0.24	0.0368
FGF-23	0.28	0.002
CRP	0.33	0.0012
Calcification score	0.19	0.0206

Note: r is the zero order correlation coefficient for the variable in the univariate analysis. p is the p value of the variable in the multivariate analysis. CRP, C-reactive protein; FGF, Fibroblast Growth Factor.

NDT Perspectives

Vascular calcification in chronic kidney disease: are biomarkers useful for probing the pathobiology and the health risks of this process in the clinical scenario?

Sophie Liabeuf^{1,2}, Hirokazu Okazaki¹, Lucie Desjardins^{1,2}, Danilo Fliser³, David Goldsmith⁴, Adrian Covic⁵, Andrzej Wiecek⁶, Alberto Ortiz⁷, Alberto Martinez-Castelao⁸, Bengt Lindholm⁹, Gultekin Suleymanlar¹⁰, Francesca Mallamaci¹¹, Carmine Zoccali¹¹, Gerard London¹² and Ziad A. Massy^{1,13}

- N=131 CKD (45 HD)
- Aorta CT

	Aortic calcification (Ln)		Coronary calcification (Ln)	
	<i>r</i> (P)	$r^{2} \times 100$	<i>r</i> (P)	$r^2 imes 100$
Phosphate (Ln)	0.009 (0.921)	0.008	0.091 (0.427)	0.8
FGF23 (Ln)	0.20 (0.019)	4.2	0.20 (0.031)	4
OPN	0.06597 (0.545)	0.4	-0.036 (0.80)	0.1
OPG (Ln)	0.21 (0.03)	4.4	0.278 (0.03)	7.7
dp-ucMGP	0.401(<0.0001)	16.1	0.320 (0.02)	10.2
Fetuin A	0.001 (0.995)	0.0001	0.026 (0.823)	0.07

Table 1. Correlation between studied biomarkers and aortic calcification/coronary calcification

r, Pearson's coefficient; FGF23, fibroblast growth factor 23; OPN, osteopontin; OPG, osteoprotegerin; dp-ucMGP, dephosphorylated uncarboxylated Matrix Gla protein; Ln, log normalized.

Bold value represent significance.



FIGURE 1: ROC curves for risk factors for aortic calcification. The areas under the ROC curves are 0.87 [95% confidence interval (CI), 0.81–0.95, P < 0.0001), 0.76 (95% CI, 0.64–0.88, P < 0.0001) and 0.64 (95% CI, 0.52–0.75, P = 0.02) for age, uncarboxylated, dephosphorylated Matrix Gla protein (dp-ucMGP) and fibroblast growth factor 23 (FGF23), respectively. Phosphate, OPN, fetuin-A and OPG levels were not found to be potential predictors of aortic calcification.

But Inactive MGP is representative of the vitamin K status

• Low vitamin K status in dialysis patients Cranenburg E, Thromb Haemostase, 2010, p811



MGP and anti-vitamin K in dialysis patients



MGP and anti-vitamin K in dialysis patients



Figure 1: Evolution of dp-ucMGP concentrations after stopping VKA in 7 HD patients. In red, median and P25-P75 values. The thick dark line corresponds

to the time when AVK therapy is stopped.

Delanaye P, Clin Chem Lab Med, 2015, pe191

Vitamin K and inactive MGP



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FIGURE 2: Relative decrease (%) in circulating dp-uc-MGP levels after 8 weeks of supplementation with different doses of MK-7. Data represent mean \pm standard deviation. The decrease was statistically significant in every treatment group (P < 0.001).

Schlieper G, J Am Soc Nephrol, 2011, 22, 387-395 Westenfeld R, Am J kidney Dis, 2012, 59, 186-195 Caluwe R, NDT, 2014, p1385 Nephrol Dial Transplant (2014) 29: 1633–1638 doi: 10.1093/ndt/gft459 Advance Access publication 26 November 2013



NDT Perspectives

Vitamin K1 to slow vascular calcification in haemodialysis patients (VitaVasK trial): a rationale and study protocol

Thilo Krueger¹, Georg Schlieper¹, Leon Schurgers², Tom Cornelis³, Mario Cozzolino⁴, Johannes Jacobi⁵, Michel Jadoul⁶, Markus Ketteler⁷, Lars C. Rump⁸, Peter Stenvinkel⁹, Ralf Westenfeld¹⁰, Andrzej Wiecek¹¹, Sebastian Reinartz¹², Ralf-Dieter Hilgers¹³ and Jürgen Floege¹

Holden et al. Canadian Journal of Kidney Health and Disease (2015) 2:17 DOI 10.1186/s40697-015-0053-x









Inhibiting the progression of arterial calcification with vitamin K in HemoDialysis patients (iPACK-HD) trial: rationale and study design for a randomized trial of vitamin K in patients with end stage kidney disease

Rachel M Holden^{1,2*}, Sarah L Booth³, Andrew G Day⁴, Catherine M Clase⁵, Deborah Zimmerman⁶, Louise Moist⁷, M Kyla Shea³, Kristin M McCabe², Sophie A Jamal⁸, Sheldon Tobe⁹, Jordan Weinstein⁹, Rao Madhumathi¹⁰, Michael A Adams² and Daren K Heyland^{1,4}

Sclerostin and VC

- 22 kDa, produced by osteocytes and inhibitor of bone formation if lack of mechanical stimulation *Pelletier S, Clin J Am Soc Nephrol* 8: 819–823, 2013.
- Sclerostin is higher in CKD



Figure 1. | Serum sclerostin as a function of CKD stage based on GFR measured by inulin clearance. n=90; results are expressed as median (interquartile range).

Sclerostin and VC

- Sclerostin could be involved in VC
- Anti-sclerostin antibody (romosozumab)



Figure 1 Sclerostin: regulation, bone effect, and (hypothetical) link with vascular calcifications. The absence of mechanical stimulation induces sclerostin secretion by osteocytes. Sclerostin inhibits the Wnt receptor (LRP5/6), inducing inhibition of differentiation and proliferation of osteoblast precursors into mature osteoblasts. Age and CKD increase sclerostin secretion. Parathyroid hormone (PTH) decreases sclerostin production. Green arrow: Promotion of sclerostin production by osteocytes. Red solid line: Inhibition of sclerostin secretion by osteocytes. Yellow line: Inhibition of the Wnt pathway by sclerostin in bones through the LRP5/6 receptor. Black arrow: Regular way of bone formation. The link between sclerostin secretion by osteocytes. Yellow line: Inhibition of sclerostin secretion by osteocytes. Grey solid line: Stimulation of sclerostin secretion by osteocytes. Yellow line: Inhibition of sclerostin secretion by osteocytes. Grey solid line: Stimulation of sclerostin secretion by osteocytes. Yellow line: Inhibition of sclerostin secretion by osteocytes. Grey solid line: Stimulation of sclerostin secretion by osteocytes. Yellow line: Inhibition of the Wnt pathway by sclerostin secretion by osteocytes. Yellow line: Stimulation of sclerostin secretion by osteocytes. Yellow line: Inhibition of the Wnt pathway by sclerostin secretion by osteocytes. Yellow line: Stimulation of sclerostin secretion by osteocytes. Yellow line: Inhibition of the Wnt pathway by sclerostin in bones through the LRP5/6 receptor. Black arrow: Regular way of bone formation. The link between sclerostin and vascular calcifications remains hypothetical (red dotted line).

Delanaye P, Kidney Int, 2015, p1221

But the clinical results are highly discrepant...



Fig. 2. A ortic calcification score according to the serum sclerostin levels tertiles. * p < 0.05.

Qureshi AR, Kidney Int, 2015, p1356

Jean G, Nephron, 2016, p181

Because we don't know what we measure...

	BM	TE	RD	MSD
All n=121	1209 [889]	698 [452]	157 [99]	32 [21]
All non-dialysis n=82	984 [648]	629 [237]	154 [84]	36 [19]
lohexol GFR > 60 mL/min (group A) n=50	904 [613]	609 [181]	156 [55]	36 [17]
lohexol GFR < 60 mL/min (group B) n=32	1137 [743]	745 [377]	140 [121]	35 [21]
Dialysis n=39 (group C)	1976 [1972]	1050 [788]	169 [195]	23 [16]

Median [IQR] concentrations of sclerostin. CKD: chronic kidney disease. All results expressed in pg/mL

Delanaye P, 2017, submitted





Delanaye P, 2017, submitted



ΒM





Group A Group B



Group C

Bone Biomarkers and vascular calcifications

- Solid pathophysiological basis
- The exact role must still be defined: Detection? Quantification? Therapy effect?
- Focus on biomarkers with a potential therapeutic implication
- Need for improvements in measurements
- Still much work for clinicians and labs!

Thank you for your attention