

Table 1: Main clinical and functional characteristics of the population

Variables	Mean \pm SD	P25	Median	P75	Min	Max
Age (years)	69.7 \pm 4.2	67.0	68.0	71.0	65.0	82.0
Katz (/24)	6.2 \pm 0.4	6.0	6.0	6.0	6.0	7.0
Lawton	1.0 \pm 0.05	1.0	1.0	1.0	0.6	1.0
GDS (/4)	0.5 \pm 0.7	0.0	0.0	1.0	0.0	2.0
COVI (/15)	3.1 \pm 0.6	3.0	3.0	3.0	3.0	6.0
MNA (/14)	13.1 \pm 1.3	12.0	14.0	14.0	10.0	14.0
BMI (Kg/m ²)	25.8 \pm 3.6	23.3	25.5	28.4	19.0	34.4
Edmonton (/17)	1.7 \pm 1.2	1.0	2.0	2.0	0.0	5.0
MOCA (/30)	28 \pm 1.2	27.0	28.0	29.0	26.0	30.0
FGA (/30)	27.7 \pm 2.2	27.0	28.0	29.0	22.0	30.0
SPPB (/12)	10.9 \pm 1.1	10.0	11.0	12.0	9.0	12.0

SD = standard deviation ; P25 = percentile 25 ; P75 = percentile 75 ; Min = minimal value ; Max = maximal value