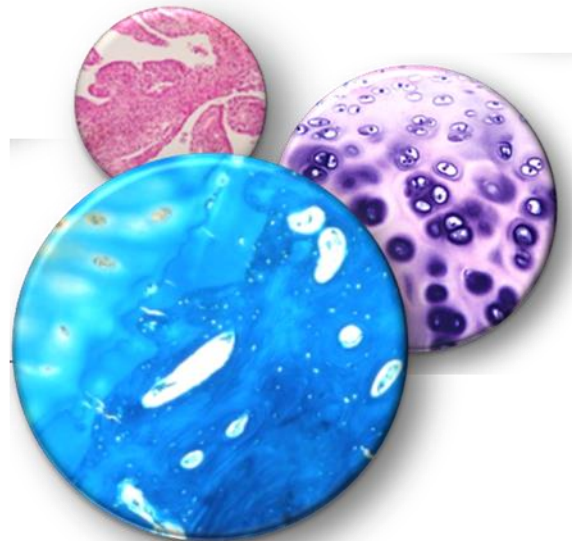


# Biochemical markers to monitor the effects of drugs in knee OA patients

Yves Henrotin, PhD  
University of Liège

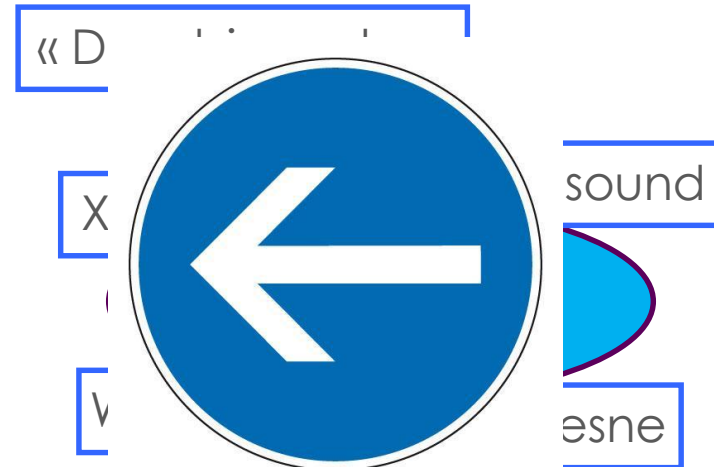
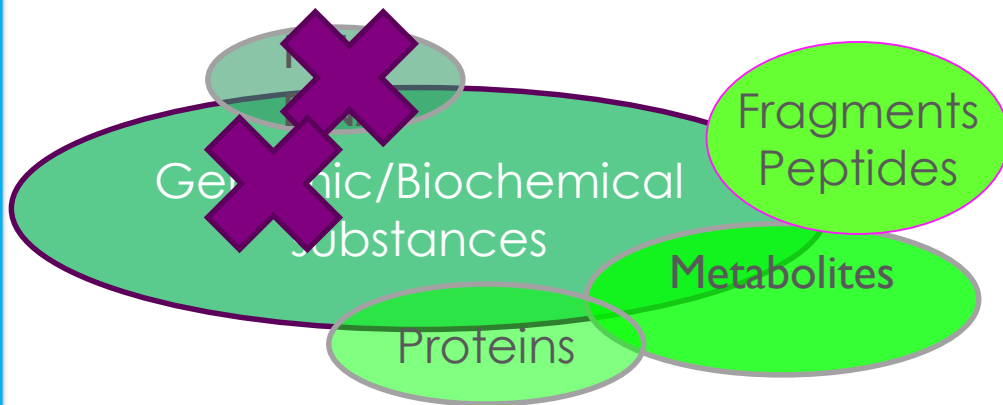


# Definition - Classification

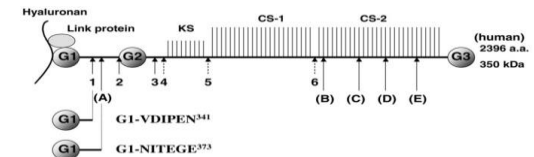
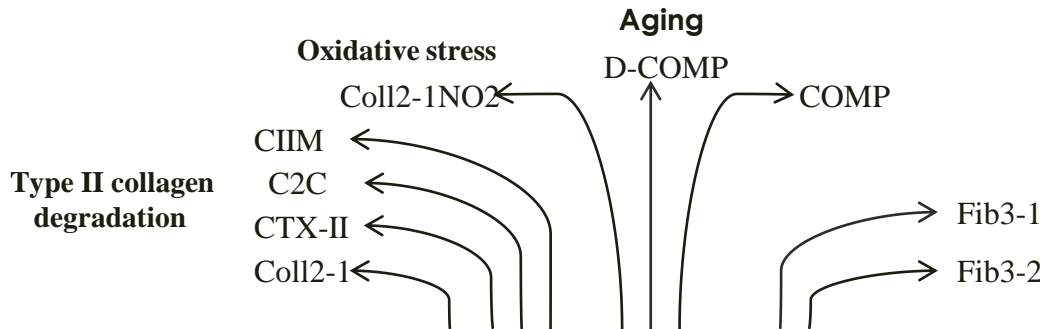
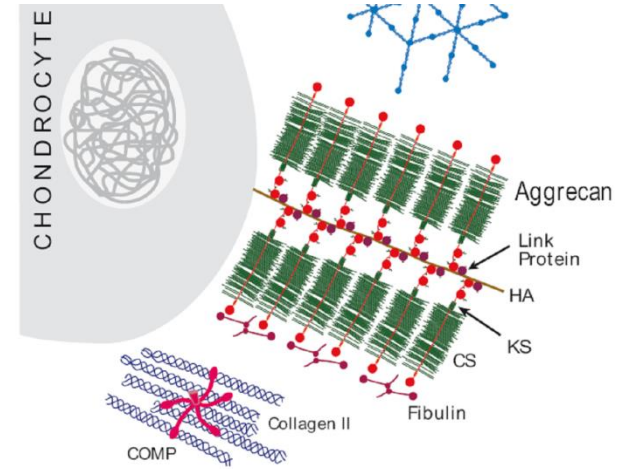
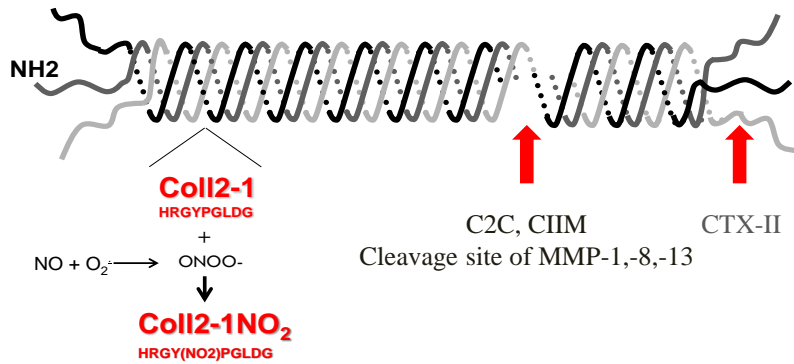
A biomarker is a characteristic that is objectively measured and evaluated as an indicator of normal biologic processes, pathogenic processes, or **pharmacologic responses to a therapeutic intervention.** »

Biomarkers Definitions Working Group I. Biomarkers and surrogate endpoints: preferred definitions and conceptual framework. Clin Pharmacol Ther 2001; 69: 89-95.

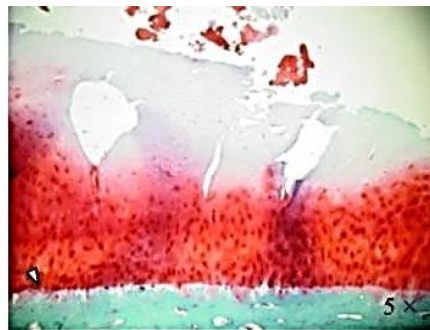
Soluble or « wet » biomarkers



# Biomarkers of cartilage metabolism



**Type II collagen synthesis**  
 PIINP ←  
 PIICP ←



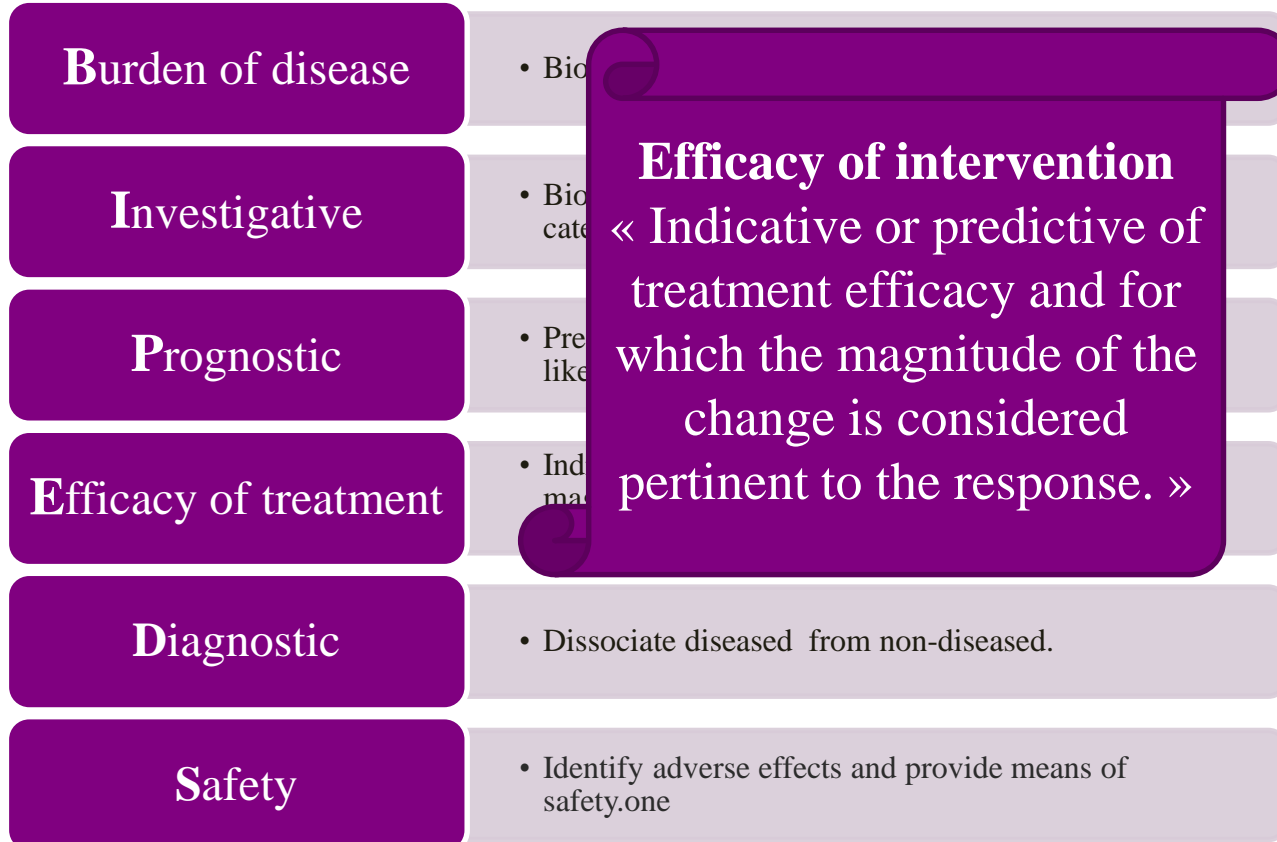
ARGS → **Aggrecan degradation**  
 NITEGE → **Aggrecan degradation**  
 CS-846 → **Aggrecan turnover**  
 KS → **Aggrecan turnover**

**ADAMTS-5**



# BIPEDS classification

*Bauer et al. Osteoarthritis Cart 2006*





# Biomarkers of efficacy of treatment (BIPEDS)

*Updated Van Spil et al.2010*

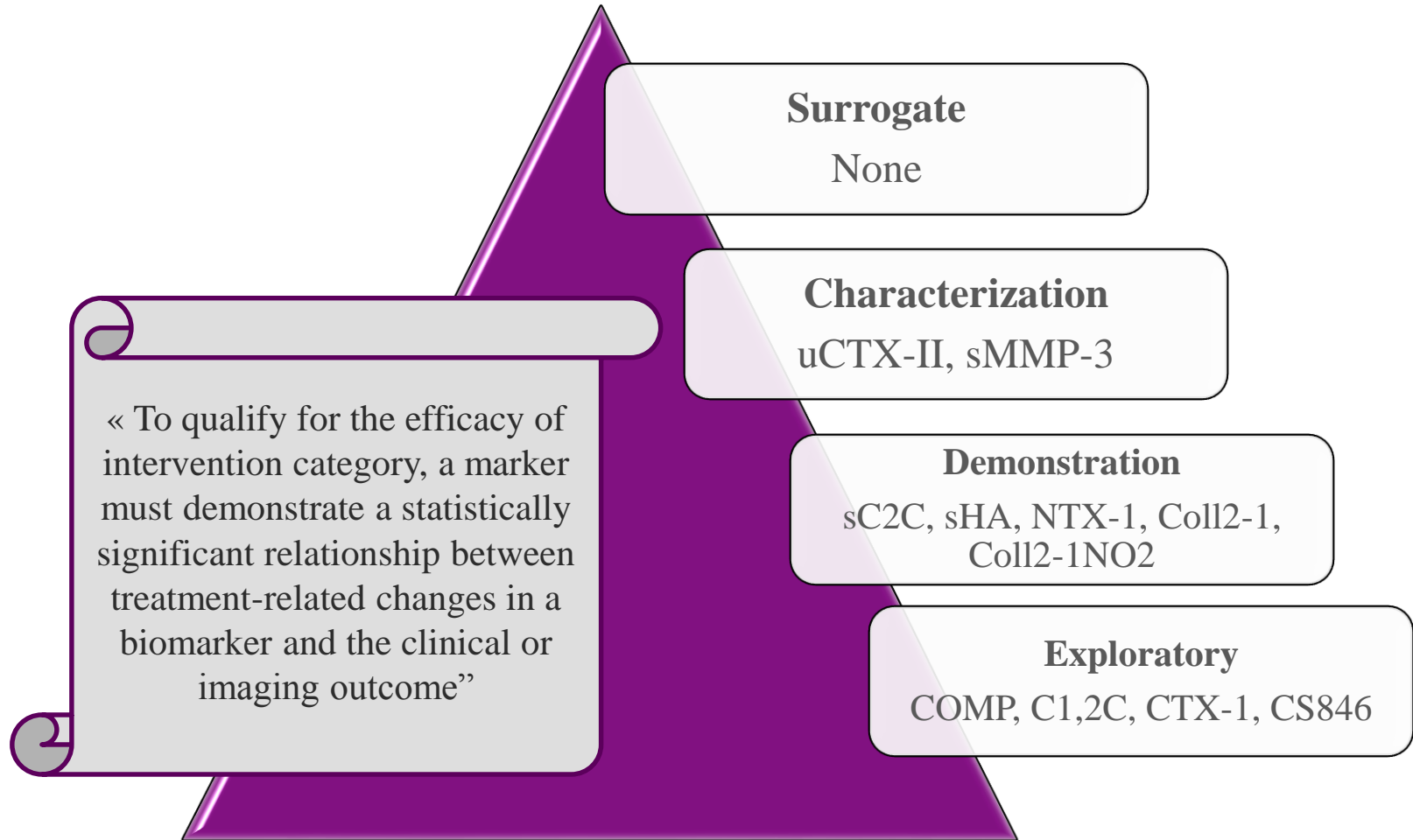
« Biochemical marker concentration differed statistically significantly between patient populations with or without treatment, or before and after treatment within patient »

| BIPEDS                   | Biomarkers  |
|--------------------------|---|
| Efficacy of intervention | uCTX-II, sColl2-1, sCOll2-1NO2, sC2C, sCOMP, sKS, sYLK40, sPIIANP, uNTX-I, sOC, sHA, sMMP-3, sCRP |



# Levels of qualification of biomarkers for drug development use

*Kraus et al. Osteoarthritis Cart, 2011*

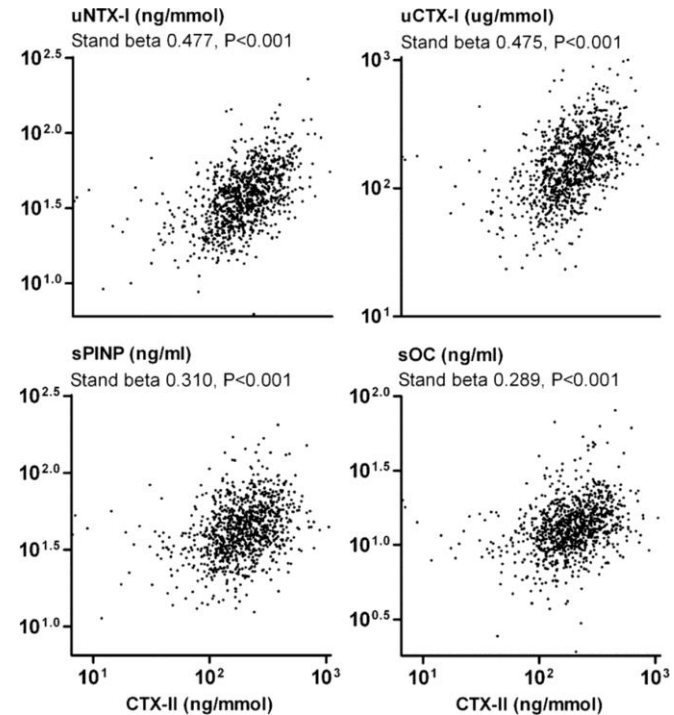


# Is CTX-II an efficacy of intervention biomarker? Interpretation pitfalls!

| Intervention        | CTX-II levels |
|---------------------|---------------|
| HA                  | ↓             |
| CS                  | 0             |
| Naproxen,Licofelone | 0             |
| Tibolone            | 0             |
| Risedronate         | ↓             |
| Calcitonine         | ↓             |
| Strontium ranelate  | ↓             |
| SERM                | ↓             |
| Estradiol           | ↓             |

**All antiresorptive  
therapies decrease  
CTX-II**

*Richette, Roux Osteoporosis Int 2012*



**u CTX-II reflects  
bone rather than cartilage  
metabolism**

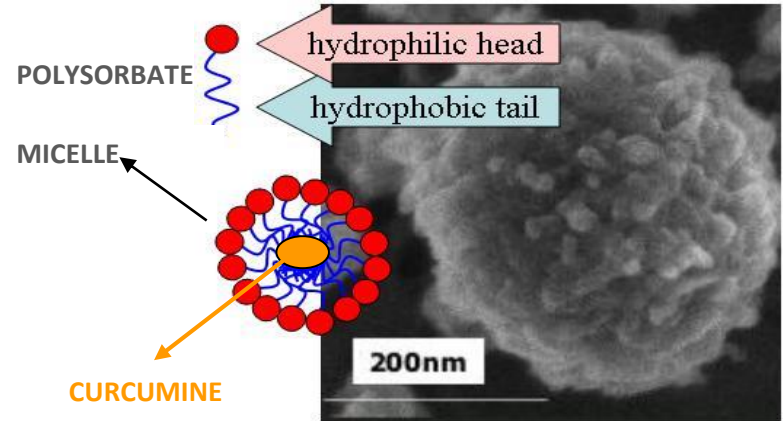
*van Spil W E et al. Ann Rheum Dis 2013*

# TIFLEXY Study

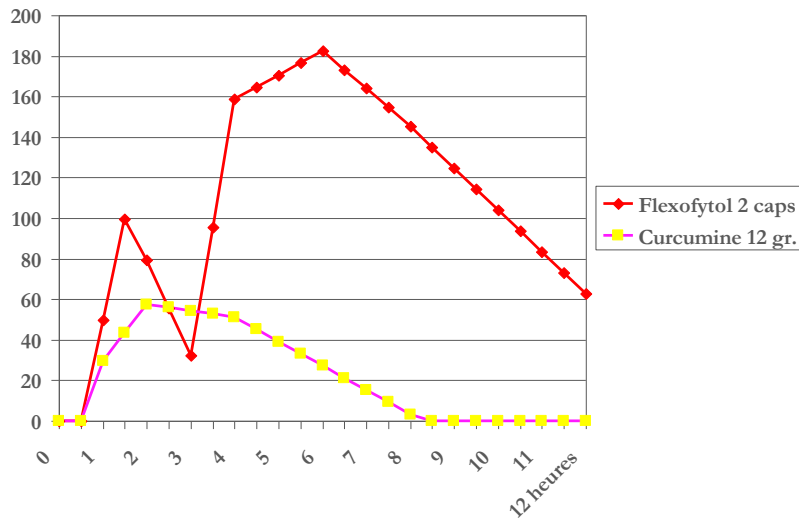
## Bio-optimized curcuminoids (BOC)



Curcuminoids /Low availability



Bio-optimized curcuminoids BOC



### « Proof-of-concept study »

- 22 knee OA patients
- 2x3 caps (42 mg BOC)/days
- 3 months treatment

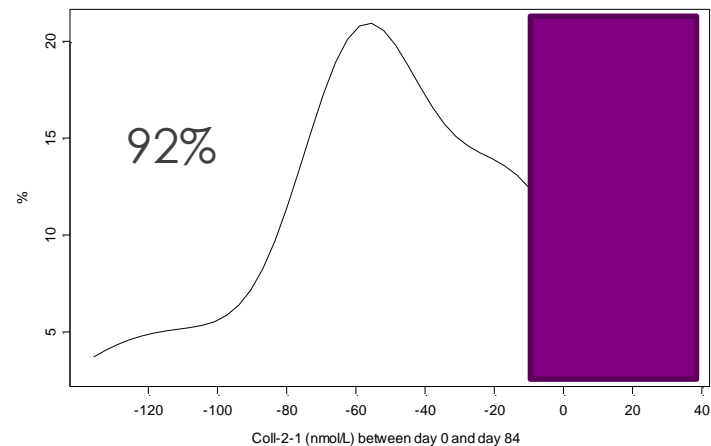
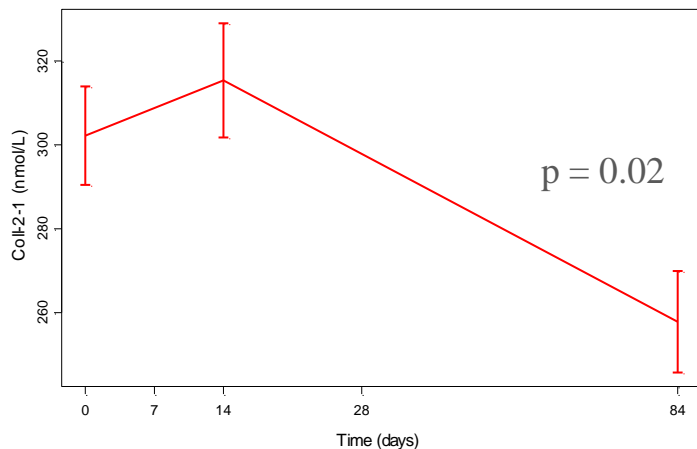
Henrotin Y, Priem F, Mobasher A, Springerplus, 2013



# TIFLEXY Study

## A proof-of-concept study

Henrotin et al., BMC Complem Altern Med, 2014



|                      | Baseline          | 84 days of treatment | p-Value |
|----------------------|-------------------|----------------------|---------|
| sColl2-1 (nmol/L)    | 302.21 +/- 53     | 257.84 +/- 52.78     | 0.002*  |
| sColl2-1NO2 (nmol/L) | 0.71 +/- 0.78     | 0.80 +/- 0.24        | NS      |
| sCTX-II (ng/L)       | 11.81 +/- 7.98    | 13.17 +/- 4.96       | NS      |
| sFib3-1 (pmol/L)     | 707.05 +/- 178.79 | 765.20 +/- 261.90    | NS      |
| sFib3-2 (pmol/L)     | 580.58 +/- 103.59 | 636.74 +/- 119.73    | NS      |
| sCRP (mg/L)          | 10.42 +/- 30.27   | 3.10 +/- 2.40        | NS      |
| sMPO (ng/ml)         | 27.20 +/- 29.05   | 21.96 +/- 14.65      | NS      |

# BIOVISCO study

## An open label observational prospective study

*Conrozier et al, J Orthp Res, 2012; Henrotin et al, J Orthp Res, 2013.*

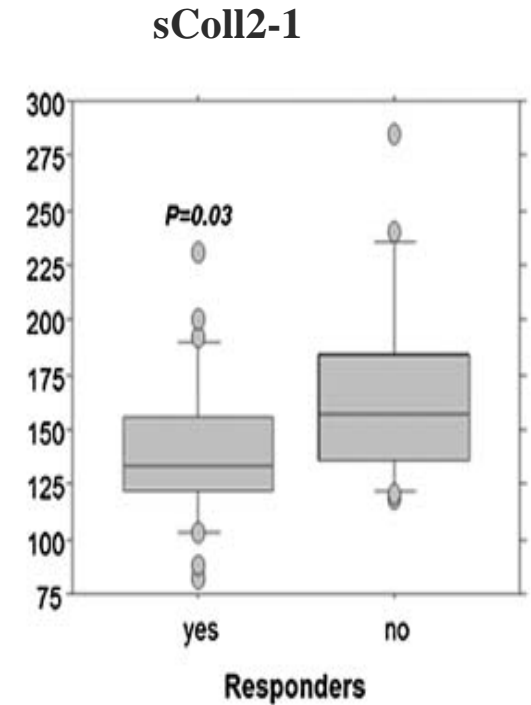
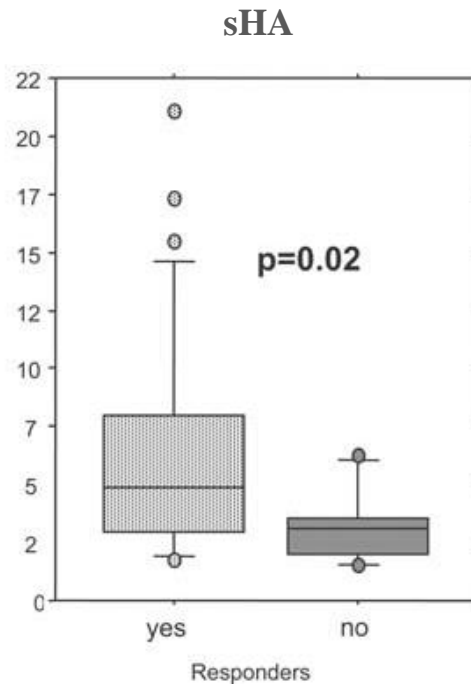
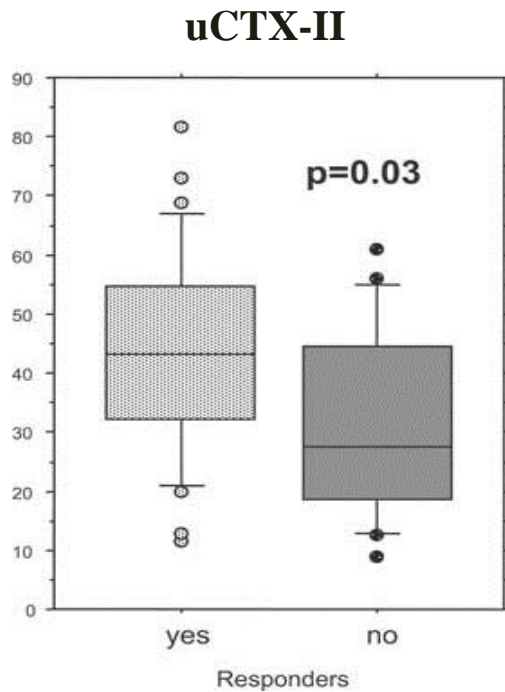
- ✓ 45 patients with unilateral symptomatic tibiofemoral and/or patellofemoral OA
- ✓ 3-weekly intraarticular injection of hyalan G20 (Synvisc®)
- ✓ Follow-up D1, D30 and D90 after the last injection

|                        | <b>D1</b><br>(after the last injection) | <b>90 days</b><br>(after the last injection) | <b>p-Value</b><br>D1 vs D90 |
|------------------------|---|--|-----------------------------|
| sColl2-1 (nM)          | 140.34(882.44-285.32)                   | 128.41 (85.6-241.34)                         | <b>0.05*</b>                |
| sColl2-1NO2 (nM)       | <b>0.400 (0.050-1.010)</b>              | <b>0.370 (0.14-0.870)</b>                    | <b>0.025*</b>               |
| uCTX-II (ng/nmolcreat) | <b>392.7 (90.0-816.4)</b>               | <b>306.0 (90-1123.9)</b>                     | <b>0.02*</b>                |
| sPIICP (ng/ml)         | 817.9 (131.4-1848.6)                    | 874.8.3 (326.4-1435.0)                       | 0.41                        |
| sC2C (ng/ml)           | 223.6 (99.4-329)                        | 209.5 (135.9-291.7)                          | 0.11                        |
| sCOMP (U/L)            | 10.9 (6.0-20.2)                         | 10.5 (6.0-20.0)                              | 0.82                        |
| sCS846 (ng/ml)         | 99.8 (45.9-172.3)                       | 102.2 (53.0-190)                             | 0.38                        |
| sHA (ng/ml)            | 34.1 (15.4-211)                         | 33.3 (9.5-230.1)                             | 0.38                        |

# BIOVISCO study

## Other observations

- ✓ Only sColl2-1 was significantly decreased 30 days after final injection
- ✓ Only uCTX-II variation correlated with clinical response (walking pain decrease)
- ✓ uCTX, sColl2-1 and sHA were independently predictive of clinical response (WP decrease > 30 mm over 90 days)





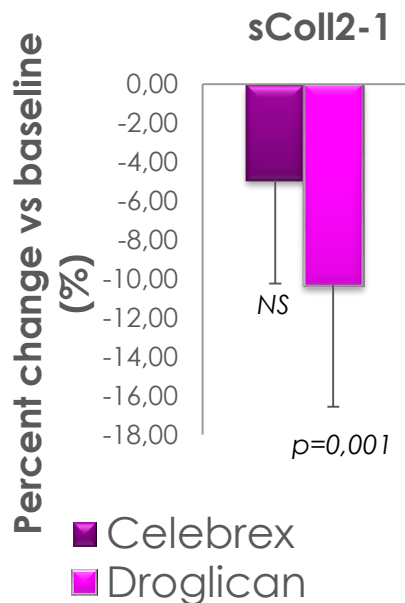
# MOVES study

## CS + GuHCL (Droglican) vs Celecoxib

### Preliminary data

- 416 knee OA (PP)
- 1200 mg CS/1500 GuHCL
- 200 mg celecoxib
- 6 months treatment

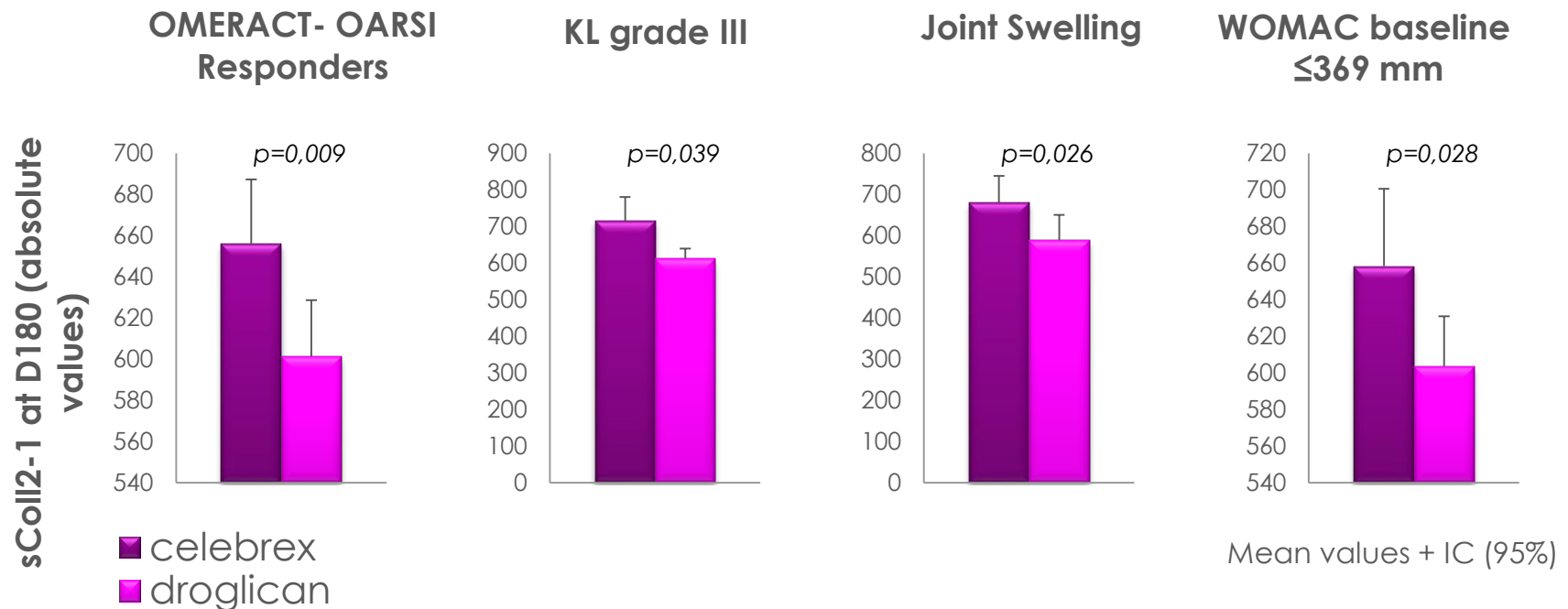
|           | n   | AGE    | SEX          | Weight (Kg) | Height (cm) | BMI (kg/m <sup>2</sup> ) |
|-----------|-----|--------|--------------|-------------|-------------|--------------------------|
| celebrex  | 202 | 64 (9) | 165/37 (82%) | 78 (14)     | 162 (18)    | 30 (6)                   |
| droglican | 214 | 62 (9) | 187/27 (87%) | 81 (16)     | 161 (18)    | 31 (7)                   |
| PP        | 416 | 63 (9) | 352/64 (85%) | 80 (15)     | 162 (18)    | 30 (6)                   |



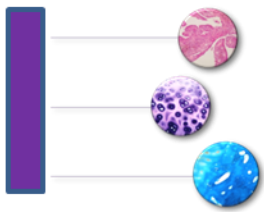
Both drugs decreased sColl2-1  
Only Droglican decreased significantly Coll2-1  
No significant difference between groups

# MOVES study

## CS + GuHCL (Droglican) vs Celecoxib



P value = droglican vs celebrex



# Conclusions

- Soluble biomarkers should be included early in the development of a drug : « **Drug development tool** »

→ Preclinical development and phase 1-4 trials

## Why?

→ to assist with selection of lead compound

→ to assess safety, mechanism of action, dose finding and selection, dose response profile, enrichment of a target population, enrichment for progressors, post-marketing safety surveillance

→ Companion biomarker (personalized medicine)



Bone and Cartilage Research Unit



# Thank you for your attention !

## International collaborations:

- F Blanco (La coruna, Spain)
- T Conrozier (CHU Lyon, France)
- V Kraus (Duke University, USA)
- L Punzi (University of Padova, Italy)
- A Mobasher (University of Nottingham, UK)
- J Monfort (Hospital del mare (Spain)
- P Richette (Lariboisiere, France)
- J Runhaar (Erasmus MC, Rotterdam)

