

**What's new in group B streptococcus screening and guidelines?**

**OLD & NEW TOOLS**

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**CONTENT**

- Introduction & burden
  - History and historical context of perinatal GBS disease
  - Early and contemporary epidemiology
  - Pathogenesis and risk factors
- Prevention strategies
  - Maternal intrapartum chemoprophylaxis
    - Evolution of policies, effectiveness and concerns
    - Towards a European consensus and revised Belgian guidelines
  - Maternal immunization
- Screening : old and new tools
- Take home messages

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**INTRODUCTION & BURDEN**

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**Streptococcus agalactiae or GBS**

Gram positive cocci  
 $\beta$ -hemolytic  
Encapsulated  
10 capsular serotypes (Ia, Ib, II-IX)

Rebecca Lancefield 1895-1981

1887, Nocard-Mollereau, bovine mastitis  
1933, Group B Antigen  
1964, severe neonatal sepsis, Eickhoff et al N Eng J med  
>1970, N°1 in neonatal infections

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**Group B streptococcal diseases in neonates**

- Since the 1970s, leading cause of life-threatening infections in newborns
  - Neonatal illness/death
  - Long-term disabilities

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**Group B streptococcal diseases in neonates**

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  - Neonatal illness/death
  - Long-term disabilities

80% EOD

LOD & VLOD

Percent of cases vs Age (months)

80-90% occur before 24h

Percent of cases vs Age (days)

A. Schuchat, Clin Microb Rev 1998;11:497-513

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### Group B streptococcal diseases in neonates

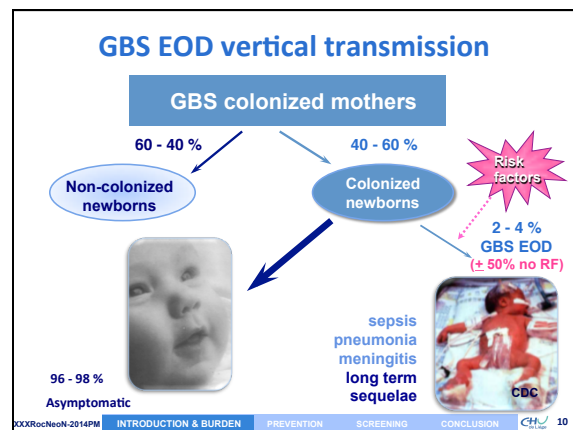
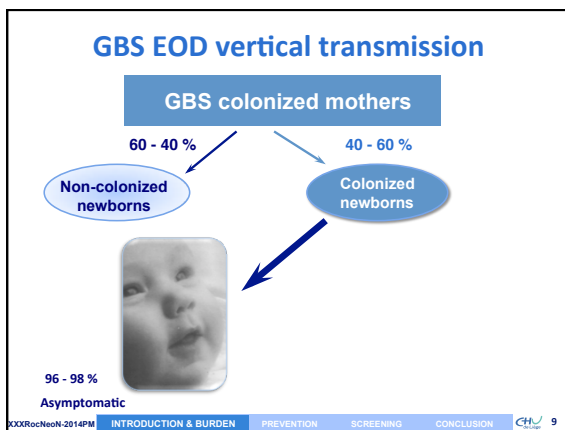
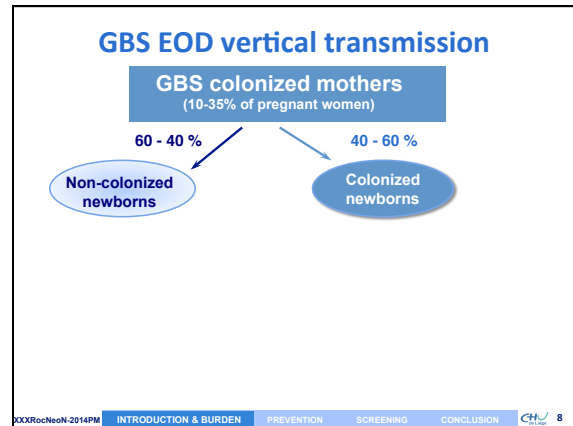
- Since the 1970s, leading cause of life-threatening infections in newborns
  - Neonatal illness/death
  - Long-term disabilities

**GLOBAL health major challenge !**  
Also in developing countries

EOD 0.3-3 per 1,000 live birth  
LOD 0.4-0.5 per 1,000 live birth

- Maternal morbidity
  - Along pregnancy
  - Peripartum
- Serious diseases among elderly and adults with underlying diseases
  - Significant mortality

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### Additional Risk Factors for Early-Onset GBS Disease

**Obstetric factors\*:**

- Prolonged rupture of membranes,
- Preterm delivery,
- Intrapartum fever

**GBS bacteriuria\***

- Previous infant with GBS disease\*

**Immunologic:**

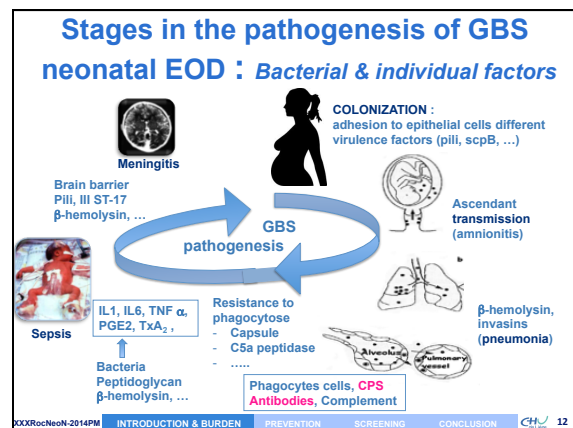
- Low specific IgG to GBS capsular polysaccharide

**Risk factors**

\*: No difference in occurrence either in GBS Positive or Negative women, except intrapartum fever

Lorquet S., Melin P. & al. J Gynecol Obstet Biol Reprod 2005

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- Universal antenatal screening-based strategy
- Risk-based strategy
- No guideline

### GUIDELINES FOR PREVENTION OF GBS PERINATAL DISEASE

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Which prevention strategy for GBS perinatal diseases ?

- Intrapartum antibioprohylaxis
- Immunoprohylaxis

Key strategy  
« nearly within reach »

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### Stages in the pathogenesis of GBS neonatal EOD : Bacterial & individual factors

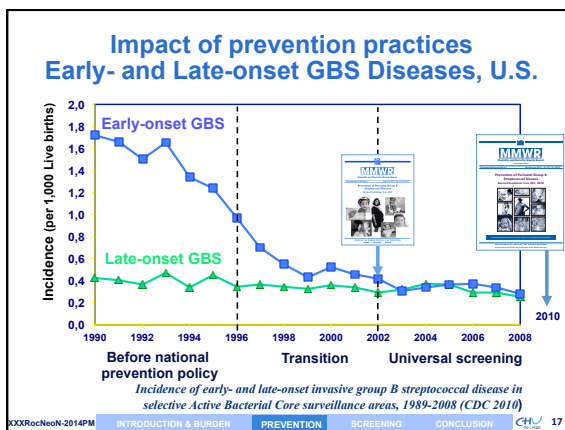
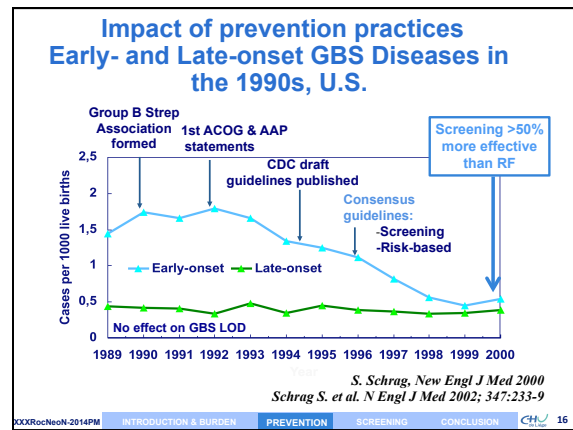
Colonization : adhesion to epithelial cells different virulence factors (pili, scpB, ...)

Preventing transmission

**Intrapartum antibioprohylaxis > 4 (2) hours before delivery**

Highly effective in preventing GBS EOD (1<sup>st</sup> clinical trials in late 80s)

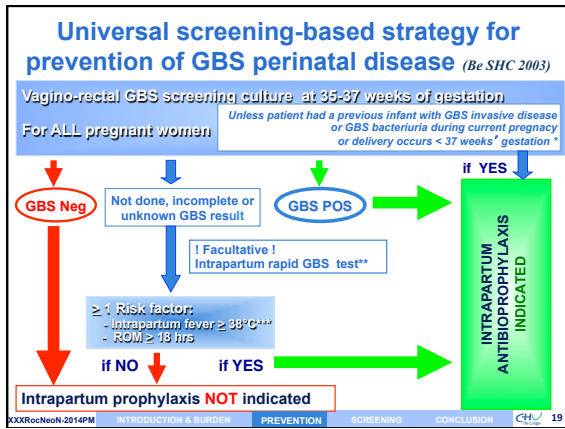
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### European strategies for prevention of GBS EOD

- Intrapartum antibioprohylaxis recommended
  - Screening-based strategy
    - Spain, 1998, 2003, revised 2012
    - France, 2001
    - Belgium, 2003, revision ongoing 2013
    - Germany, 1996, revised 2008
    - Switzerland, 2007
  - Risk-based strategy
    - UK, the Netherlands, Denmark
- No guidelines
  - Bulgaria, ...

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**Gynecologists  
 Obstetricians  
 Microbiologists  
 Midwives  
 Neonatologists**

*P. De Mel*

**Adherence to a common protocol is a key of success  
 Multidisciplinary collaboration is mandatory**

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**ANTIBIOTICS**

AMP, CLIN, GEN, CEP, PEN'S

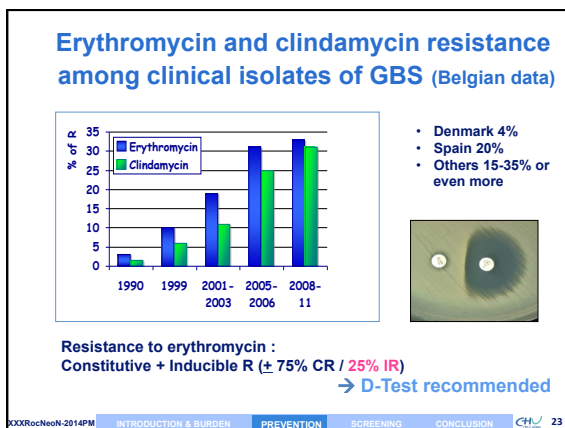
*P. De Mel*

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### Concerns : Clinically relevant antimicrobial resistance

- Increase of resistance to erythromycin and clindamycin

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### Concerns : Clinically relevant antimicrobial resistance

- Increase of resistance to erythromycin and clindamycin
- Reduced susceptibility to penicillin
  - Very few « not S » isolates recently characterized in Japan
    - Mutation in pbp genes, especially pbp2x
    - MIC= 0.25 -1 mg/L
    - No clinical impact ?
- Very few in the U.S., Canada
- All labs should send to reference lab
  - Any « non-S » isolate for confirmation
  - All invasive isolates for resistance surveillance

*Noriyuki Nagano et al, AAC 2008*

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### Other concerns

Potential adverse / unintended consequences of prophylaxis

- **Allergies**
  - Anaphylaxis occurs but extremely rare
- **Changes in incidence or resistance of other pathogens causing EOD**
  - Data are complex ...
  - But most studies: stable rates of « other » sepsis
- **Changes in GBS antimicrobial resistance**
- **Impact on newborn gut microbiota**

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### Remaining burden of GBS EOD

#### Missed opportunities

In spite of universal screening prevention strategy  
In spite the great progress  
Cases still occur

- Among remaining cases of EOD
  - Some may be preventable cases
    - Missed opportunities for (appropriate) IAP
    - False negative screening

Van Dyke MK, Phares CR, Lynfield R et al. N Engl J Med 2009  
CDC revised guidelines 2010  
Poyart C, Reglier-Poupet H, Tazi et al. Emerg Infect Dis 2008  
DEVANI project, unpublished data 2011

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### Stages in the pathogenesis of GBS neonatal EOD : Bacterial & individual factors

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### Background

- Correlate between maternal low level off CPS type Ab at time of delivery and risk for development of GBS EOD

Baker C et Kasper D, 1976, NEJM

Vaccine for pregnant women:  
Likely the most effective, sustainable and cost effective approach

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### GBS Vaccines, since the 1980s Challenges

#### Capsular polysaccharide vaccines

- **10 serotypes**
  - Different distributions
    - EOD, LOD, invasives infections in adults
    - Geographically and along time
- **Conjugated vaccines**
- **Multivalent vaccines Ia, Ib, (II), III and V**
- **Clinical studies** (phases 1, 2 and 3)
  - Immunogenicity
  - Safety
  - Efficacy: scheduled/ongoing

Within reach !

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### GBS Vaccines

#### GBS Protein-based Vaccine

- **Ag = Surface proteins**
  - Cross protection against different serotypes
  - Better immunogenicity
    - Humoral response T-cell dependent
    - = long lasting immunity

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### Protein-based Vaccines

Protein	Protective Ab (in mouse)	associated serotypes
<b>Alpha-like proteins</b>		
Alpha	Yes	Ia, Ib et II
Alp1		Ia
Rib	Yes	III
Alp2	Yes	V, VIII
Alp3	Yes	V, VIII
Beta C protein	Yes	Ib
C5a peptidase	Yes	All
Sip (1999)	Yes	All
BPS	Yes	All

Sip = Surface Immunogenic Protein (Brodeur, Martin, Québec)  
BPS= Groupe B Protective surface Protein

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### Protein-based Vaccines

**Reverse vaccinology approach**  
Knowledge of complete GBS genome

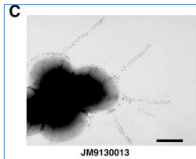
- Comparison of genomes from 8 different GBS serotypes
  - 312 surface proteins were cloned
  - 4 Provide a high protective humoral response in mouse
    - Sip and 3 others
    - The 3 other proteins = « pilus like structures »

*D.Maione et al, Science 2006*

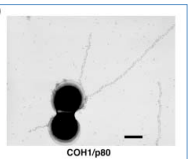
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### GBS « pilus like structure »

- Highly immunogenic proteins
- Elicit protective and functional antibodies
- Virulence factor
  - Adhesion
  - Transcytose through cells



C  
JM9130013




D  
COH1/p80

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Vaccine 31S (2013) D1-D2

Contents lists available at ScienceDirect



Vaccine

journal homepage: [www.elsevier.com/locate/vaccine](http://www.elsevier.com/locate/vaccine)



Editorial

Introduction: Addressing the challenge of group B streptococcal disease

- Introduction, *Rappuoli & Black*
- GBS Review, *Carol Baker*
- Overview GBS epidemiology, *Paul Heath*
- GBS epidemio and vaccine needs, *Melin & Efstratiou*
- GBS epidemiology in developing countries
- IAP in USA et Vaccine implications, *S.Schrag & Verani*
- GBS maternal vaccines Past Present and Future, *Chen & Kasper*
- GBS Public awareness etc
- Prevention through Vaccination, *M. Edwards*
- GBS Vaccination in pregnancy, *P. Ferrieri*
- GBS vaccine Phase III trial

**Vaccine 31S, 2013**


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WHY ?

WHEN ?

HOW ?

IMPACT ?



Specimen collection  
Processing  
Culture or non culture approach?

## SCREENING FOR GBS COLONIZATION

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### Crucial conditions to optimize SCREENING

WHEN	35-37 weeks
WHO	ALL the pregnant women
Specimen	Vaginal + rectal swab(s)
Collection	WITHOUT speculum
Transport	Transport/collection device/condition (non nutritive medium: Amies/Stuart or Granada like tube) (type of swab)(Length and T°)
Request form	To specify prenatal « GBS » screening
Laboratory procedure	

(CDC 2010 - Belgian SCH 2003)

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### Antenatal GBS culture-based screening

**Goal of GBS screening**  
To predict *GBS vaginal (rectal) colonization at the time of delivery*

- Critical factors influencing accuracy**
  - Swabbed anatomic sites (*distal vagina + rectum*)
  - Timing of sampling
  - Screening methods
    - Culture
      - Procedure
      - Media
    - Non-culture

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### Optimal time for screening

35-37 weeks gestation

Culture-based screening done 1 to 5 or  $\geq 6$  weeks before delivery (Yancey, 860 cases; Melin, 531 cases)

Timing	Sensitivity	Specificity
$\geq 6$ (Yancey)	43	85
1-5 (Yancey)	89	97
1-5 (Melin)	69	92

Not 100 % as colonization is dynamic

Yancey MK et al. *Obstet Gynecol* 1996;88:811-5

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### Optimal time for culture-based screening

35-37 weeks gestation

Culture-based screening done 1 to 5 or  $\geq 6$  weeks before delivery (Yancey, 860 cases; Melin, 531 cases)

Timing	Sensitivity	Specificity
$\geq 6$ (Yancey)	43	85
1-5 (Yancey)	89	97
1-5 (Melin)	69	92

Melin, 13-16% GBS Pos  
PPV= 56%  
NPV= 95%  
or 5% False negative  
or 30% of GBS pos in labor not detected with antenatal screening!

Yancey MK et al. *Obstet Gynecol* 1996;88:811-5

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### Antenatal culture-based screening: Limiting factors

- Positive and negative predictive values**
  - False-negative results**
    - Failure of GBS culture (*reduced viability during transport, oral ATB, feminine hygiene*) or new acquisition
    - Up to 1/3 of GBS positive women at time of delivery

Need for more accurate predictor of intrapartum GBS vaginal colonization

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### From direct plating on blood agar

#### Evolution of culture methods

- Use of selective enrichment broth (Lim broth, e.g.)
  - To maximize the isolation of GBS
  - To avoid overgrowth of other organisms
- Use of differential agar media  
Recommended by some European guidelines (+ CDC 2010)

1983, 1992: GRANADA (M.de la Rosa, JCM) - Pigment-based

2005: StreptoB ID - Chromogenic media

2007: Strepto B Select - Chromogenic media

2012: Brilliance StrepB - Chromogenic media

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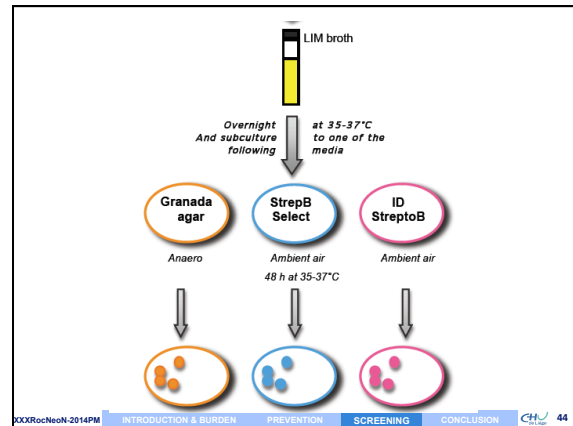
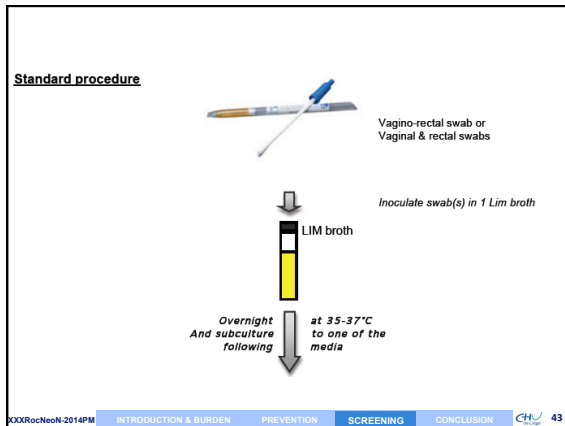
### Which agar or which combination?

+/- Blood agar

Workload - costs - extra-testing - non  $\beta$ -hemolytic GBS detection to be considered

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### Crucial conditions to optimize SCREENING

- WHEN: 35-37 weeks
- WHO: ALL the pregnant women
- Specimen: Vaginal + rectal swab(s)
- Collection: WITHOUT speculum
- Transport: **Transport/collection device/condition (non nutritive medium: Amies/Stuart or Granada like tube) (type of swab)(Length and T°)**
- Request form: To specify prenatal « CBS » screening
- Laboratory procedure

(CDC 2010 - Belgian SCH 2003)

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### Crucial conditions to optimize SCREENING

Transport-collection system & transport-storage condition

- Type of swab: Nylon flocked >> regular fiber swab

**Nylon Flocked Swab**

Superior sample collection and release

Collected sample

> 80% of the sample analyte released\*

**Regular Fiber Swab**

Sample stays trapped in fiber matrix

Trapped sample

Sample dispersion, dilution and entrapment in the fiber matrix

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### Crucial conditions to optimize SCREENING

Transport-collection system & storage condition

- Recommandations CDC, USA (2010)
  - Non nutritive media: Amies or Stuart without charcoal
  - Storage at 4°C or RT 1-4 days
  - Or Granada like tubes ??
- Recommandations CSS, Belgium (2003)
  - Non nutritive media: Amies or Stuart without charcoal
  - Storage maximum 48h at 4°C

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### Crucial conditions to optimize SCREENING

Transport-collection system & storage condition

Specimen storage in transport medium and detection of group B streptococci by culture.

Rosa-Fraile M. et al. J Clin Microbiol 2005, 43: 928-930

Recovery of group B streptococci (GBS) was assessed in 1,204 vaginorectal swabs stored in Amies transport medium at 4 or 21°C for 1 to 4 days either by direct inoculation onto Granada agar (GA) or by culture in blood. These data indicate that viability of GBS is not fully preserved by storage of vaginorectal swabs in Amies transport medium, mainly if they are not stored under refrigeration.

Viability of GBS NOT fully preserved by storage of vaginorectal swabs in Amies transport medium, mainly if not stored under refrigeration.

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ICAAC 2013  
53rd ICAAC | SEPT 10-13 | Denver, CO

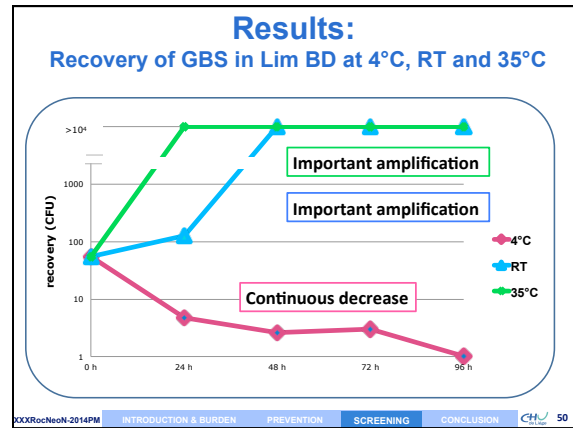
### IMPROVEMENT OF TRANSPORT CONDITION OF SWABS FOR GROUP B STREPTOCOCCAL (GBS) SCREENING

P. Melin, M. Dodémont, G. Sarlet, R. Sachell, J. Descy, C. Mœx, P. Huynen, MP. Hayette  
National Reference Centre for GBS, University Hospital of Liège, Liège, Belgium

**To sustain viability  
Whatever is storage T° for a few days**

**Use of a selective enrichment Lim broth as transport media**

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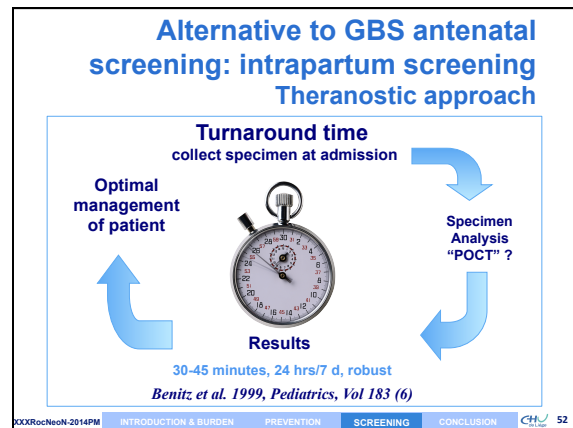


### Transport conditions to be recommended for optimizing GBS antenatal screening

Belgian Health Superior Council, 2013

- Transport system**
  - Use of a **selective enrichment Lim broth with a flocced swab** (BD, Copan, bioMérieux, i.e.)
- Transport and storage condition**
  - At RT° (up to 35°C)
  - As soon as possible
    - Viability sustained at least 4 days
- Remark**
  - If use of Amies or Stuart medium (non nutritive medium)
    - To be processed as soon as possible within 24 hours (max 48 h)

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### Intrapartum screening theranostic approach: expected advantages

- Inclusion of women without prenatal screening/care
- Identification of women with change of GBS status after 35-37 wks gestation
- Increased accuracy of vaginal GBS colonization status at time of labor & delivery

→ IAP addressed to right target

- Reduction of inappropriate/unnecessary IAP
- Broader coverage of « at GBS risk women »

→ Improvement of prevention

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### Real Time PCR for intrapartum screening

- Advance in PCR techniques & development of platforms**
  - BD GeneOhm™ Strep B Assay (+/- 1 hr) (in laboratory)
  - Xpert GBS, Cepheid (35-45 min) (can be performed as a POCT)

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### The Xpert GBS™ Advantage: Simplicity

- Fully automated process reduces handling time to just minutes
- Random access for flexibility and workflow optimization
- Rapid results to improve patient management
- Fully integrated reagent and instrument system for accuracy and reproducibility

1. Insert swab into cartridge and break at mark
2. Dispense Reagent 1 into port 1
3. Dispense Reagent 2 into port 2
4. Insert cartridge and start assay

Total hands-on time = 2 minutes

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## Xpert GBS for intrapartum screening

*(selected paper amongst many others)*

### Diagnostic Accuracy of a Rapid Real-Time Polymerase Chain Reaction Assay for Universal Intrapartum Group B Streptococcus Screening

Najoua El Helali, Jean-Claude Nguyen, Aïcha Ly, Yves Giovangrandi and Ludovic Trinquet  
*Clinical Infectious Diseases 2009;49:417-23*

- 968 Pregnant women
- Intrapartum Xpert GBS, Cepheid (performed in lab)
  - vs intrapartum culture
  - antenatal culture (French recom.) (vaginal swab/CNA-BA)

Sensitivity	98.5%	PPV	58.3%
Specificity	99.6%	NPV	92.1%
PPV	97.8%		
NPV	99.7%		

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## Xpert GBS for intrapartum screening

*(selected paper amongst many others)*

### Cost and effectiveness of intrapartum group B streptococcus polymerase chain reaction screening for term deliveries.

El Helali N, Giovangrandi Y, Guyot K, Chevet K, Gutmann L, Durand-Zaleski I  
*Obstet Gynecol 2012 Apr;119 (4):822-9*

2009	2010
Antenatal screening	Xpert GBS intrapartum screening
11.7% GBS POS	Performed by midwives as a POCT !!
	16.7% GBS POS
	Less GBS EOD & less severe
Cost neutral per delivery	

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## Real-time PCR, very promising, BUT ...

- Rapid, robust & accurate technology
- Still an expensive technology (specific equipment)
  - Cost effective ?
  - Need for more cost-effectiveness clinical study
  - 2014 NRC GBS - CHULg & UIA
- Logistic
  - 24 hours 7 days
  - In the lab?
  - In the obstetrical department as a POCT ?
- In combination with prenatal screening strategy ?
  - CDC 2010 : for women with premature delivery or no prenatal care
- Drawback: no antimicrobial result
  - In the future detection of R genes, but mixed microbiota !

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## Revised Belgian guidelines

*(Superior Health Council, expected autumn 2014)*  
*(Neonatologists, obstetricians, microbiologists, midwives)*

### Main recommendations

- Universal antenatal screening at 35-37 wks gestation
  - Lim broth as transport media
  - Selective differential culture media
  - Determination of clindamycin susceptibility (if IgE mediated penicillin allergy)
- Universal screening at time of delivery can be used
  - if POCT with high PPV and NPV
    - Real time PCR or other methods
    - TAT < 1 hour
  - In case of known IgE mediated penicillin allergic women
    - Determination of clindamycin susceptibility for GBS positive screening
- IAP for all GBS positive pregnant women
  - documented by antenatal testing (or intrapartum testing if performed)

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## Prevention strategy for GBS EOD

### TOWARDS A EUROPEAN CONSENSUS ?

Conference held in June 2013, Florence, Italy

A European working party:  
Neonatologists, obstetricians, microbiologists

Representing countries

- with screening-based IAP,
- with risk-based IAP strategies
- or nothing

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## Towards « European Consensus »

Decision taken by the European working party

### Main recommendations

- **Universal screening at time of delivery**
  - POCT with high PPV and NPV
    - Real time PCR or other methods
  - TAT < 1 hour
- **IAP for all GBS positive pregnant women**
  - documented by intrapartum testing (or late pregnancy test if performed)
- **Late pregnancy prenatal screening in known penicillin allergic women**
  - Determination of clindamycin susceptibility if GBS positive screening

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## Towards « European Consensus »

Decision taken by the European working party

### Main recommendations

- **Provisionally , for countries with antenatal screening**
  - **Improved antenatal screening method**
    - Use of Lim broth for transportation
    - Use of selective differential media

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The Journal of Maternal-Fetal & Neonatal Medicine



**Intrapartum GBS screening and antibiotic prophylaxis: a European Consensus Conference.**

Journal:	The Journal of Maternal-Fetal & Neonatal Medicine
Manuscript ID:	DJMF-2014-0242
Manuscript Type:	Guidelines
Date Submitted by the Author:	20-Mar-2014
Complete List of Authors:	Di Renzo, Gian Carlo; University Hospital of Perugia, Dept. of Ob/Gyn and Centre for Perinatal Medicine Melin, Pierrette; University Hospital of Liege, Department of Clinical


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## CONCLUSION

### Take home messages

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## In Europe, as globally

### Neonatal GBS diseases


- EOD and LOD, a global health concern
- IAP efficient for prevention of EOD
  - Best strategy still a matter of debate
  - Not 100% efficient
  - No effect on LOD
- IAP not widely recommended
- New tools to improve GBS detection
- Toward a European consensus

### GBS vaccine eagerly expected

- Appears to be within reach

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## Thank you !



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