

QUESTIONING or how **RT** Sessions are stimulating the act of wondering and doubting.

The following is about how I personally experience the Research Training Sessions. I prefer to call them the Reflection Time Sessions as:

They give you a *wonderful*

TiME OU  **TiME.**

They invite you to try to free your mind.

To have a mediative **MOMENT**

To focus  alertness

To see the whole

To step out for a moment out of

 the visual routine 


To respite – to retreat

The sessions are

**MOMENTS OF
CONTEMPLATION**

Of uttermost concentration concentration concentration

They are moments of **refreshment**

They help you to center up your 
l a

To freeze frame and get an °overview°

To obtain a state of mindlessness.

They invite you to
TAKE A BREAK

After one or more sessions you might

BE LOST

It's possible you get the feeling to be undirected

But be **O**pen!

Don't be **afraid** to be out of control

Take the benefit out of this state of desorientation

RTSessions make you

Searching

W a n d e r i n g

ploring

↳ **E**xploring ploring

ploring

ploring ploring

POW**e**rful

Questioning?

Doubting / *Doubting*

H - He - Hesitating

Comparing / comparing - relating - [isolating]

Walking & ~~~dreaming acting

Structuring

F	r	a	m	i	n	g		R	a	s	t	e	r	i	n	g

Composing D e c O m p o s i n g
 [Isolating]

They want you to be **critical**
To be sceptical

When you experience the *wonderful blue* hOur

l'heure chiè n – îou p,
as it is so beautifully called in french.

When you are awake when everybody is asleep zzz
When you find yourself in an in between zone

You might all of a sudden
see things clearer.

More *specific* and then again out of focus

→ zooming in ZOOMing out

You may recognise things

See things – by *reading* – going back and
forward

→ ←

While ~~~dreaming away mapping things.

While *sketching* ... entering the own
storyboard.

Having an eidetic recall.
Reading Seeing Imagining
All

- | | | |
|-----|-----|-----|
| • P | • B | • I |
| • O | • I | • E |
| • S | • L | • S |
| • S | • I | |
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flying



Putting } **m a g e s** { together – over –
walking through – d e c o m p o s i n g again
– layering – projecting mentally - *reading* –
comparing/comparing – relating

MODELLING - *sumu* - peeling off -
(□ c; □ v) entering peeling off

d
ld
ild
uild

And then you **START** to build up a **filter**,

DETERMINING the rules

| Restricting, limiting |
Simplyfying – l i b e r a t i n g
Se | lec | ting

Claryfying
You highlite **the headlines** of **the story**

You chose/chose the **essential** element

You take decissions
In **excluding** and eliminating

QUESTIONING – **COMMUNICATING**

Wondering


Doubting / *Doubting*

Discovering

Dealing with the **uncertain**

FINALLY YOU MIGHT SIT *DOWN* AND MAKE THE **MODEL** FOR...

FINDING **Ö** A KEY

Finding **ö** a key  can give you a way out of

uncertainty Sharing,


being together

e-e x-x c-c h-h a-a n-n g-g i-i n-n g-g and finally
making explicit.

Clarifying

Refining & e x t e n d i n g

Going in

dialogue 

To get more

Enrichment


S-h-a-r-e something

deepness

Dialoguing

in

conversation 

Needing someone to communication  as the listener makes the

Learning the Ac/ of **listening**

The **ACTION** of trying to *formulate*


You think while you speak 

Talking , *formulating*

ideas 

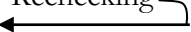
REPRESENTING

How to make this *personal* knowledge public,
comprehensible?

Making the reflection tactile –  tangible
Simplified – understandable
Explaining
Explicitificating

Searching for a **BALANCE**
between personally knowledge and true knowledge,
between passively gained knowledge and actively
gained knowledge.


ACTING REACTING

Evaluating / ...
Rechecking 

Transforming

Cycling 

Being Flexible

Inter  acting

Learning from your own mental space

Learning from *Literature*

We, as architects act to understand – so we don't
need to understand to act.

We learn to be able to act without being certain,
with incomplete information.

With trial and error.

Thanks to all tutors and participants of the RTSessions 2010-2011 and 2011-2012.

And to Me'Shell for the lay-out.

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